CHS CLUBS



POWDERPUFF



the

Carmel Sandpiper



VOLUME XLI OCTOBER 2021 thesandpiper.org

SPORTS

CHS athletics adapt amid **COVID-19** infections

BY EMMA BROWN

Though it appeared that Carmel High School's sports teams would experience a return to normalcy during the 2021-22 school year, subsequent to a COVID-19 outbreak within the school's football team, a slough of new restrictions and guidelines have been implemented. In a year filled with changes, it appears that the CHS athletic department will be no stranger to revision and adjustment as ever-changing protocols surrounding COVID-19 safety force sports teams to pivot.

Recently, CHS imposed a new rule banning spectators from volleyball matches, aside from relatives of the players, who are mandated to wear a mask. Participants are also required to wear a face covering at all times, due to the sport's indoor setting. As of Sept. 28, however, that rule had been reversed.

"I'm pretty used to wearing a mask while playing since I did a whole club season last year," says CHS senior Nina Robertson, varsity girls' volleyball captain. "But we do encounter a lot of teams that aren't as good about wearing their masks, which is understandable. It's re-

ally hard to keep a mask on when you're exerting yourself that much."

Unlike volleyball, present California Department of Health guidelines do not require athletes participating in outdoor sports to wear a mask, though students are encouraged to maintain a distance between themselves and their teammates whenever possible.

"Our sport is fortunate to be outdoors and distanced, so this season has felt relatively normal," CHS cross country coach Whit Rambach says. "Meets have also been proceeding as usual."

subject to a mask mandate, they are no stranger to newly introduced procedures when it comes to games and practices.

For the CHS girls' tennis team, this means sanitizing players' hands prior to practice and prohibiting handshakes with opponents before matches, replac-



ing in outdoor sports are not Freshman Bella Rocha gets ready to block a pass during an after-school practice.

ing the formality with a racquet-to-racquet touch.

"Both my assistant coach Lauren Haase and myself are rule followers, so our team hears a lot about COVID protocols," says CHS girls' tennis coach Leslie Tracy. "I tell players on a regular

basis, 'I want to give all of us, as individuals and the team as a whole, our best chance at staying healthy.' That means we take it seriously and have to do our

> COVID ATHLETICS CONT. ON 3

COMMUNITY

Dutch Door Donuts brings hole package to Carmel cuisine

BY SOPHIA BONE

Instantly hit with the sweet smell of freshly made doughnuts, walking into Dutch Door Donuts, which officially opened in Carmel Plaza on Sept. 3, is a dream. With only six types of carefully crafted doughnuts sold at a time, the care put into them can be found when taking the first

"It's the promise of a doughnut fulfilled," explains chef Tucker Bunch.

While Bunch runs the kitchen, everything on the "other side of the wall," from the social media to the overall management, is overseen by co-owner Chris Whitman. The store also was financed by local investor Calvin Schlenker and all three doughnut enthusiasts have daughters who attend high schools in the area, which is why they want to carry that local feel with their customers.

"We want to make sure that our neighbors are the first people in line," Bunch says.

The idea for the doughnut and coffee shop began with dance of all things. While Chef Tucker had been toying with the business idea in his mind for about 10 years, it wasn't until talking with Whitman at a dance fundraiser event for their daughters that it started to sound like a real-

"It just so happened that we were two people who had the same idea and seemed to have the

perfect conversation about it," Bunch adds.

Skip forward a month, and they are testing out dough recipes and topping flavors in Bunch's kitchen to see if their dream could become a reality. Whitman got Schlenker on board, and the rest is history.

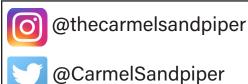
The testing must have worked because the head chef believes he has now perfected the art of making a doughnut. By preparing the dough the night before and letting it proof in the refrigerator for 24 hours, the dough stays light and airy throughout the cooking process the next day. Doughnuts are made to order, so as soon as a customer pays, their gourmet hand-cut doughnut is placed in the fryer to cook, and then toppings are added accordingly.

So far, the best seller is the classic vanilla bean glaze. The two other standard flavors offered are cinnamon and sugar, which essentially taste like a churro in doughnut form, and chocolate, but not with your average chocolate glaze. At Dutch Door, the dark chocolate crumbles are blended and then added to melt onto the warm doughnut after coming out of the fryer. Bunch Owners Tucker and Victoria Bunch, Calvin and Jill Schlenker, and highly recommends eating the delicious treats Chris and Nancy Whitman (from left). as soon as they are done and warm for the best overall experience.

The last three flavors of the week depend on

DUTCH DOOR DONUTS CONT. ON 2





FOLLOW VS!

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Candles blown out on daily bulletin

BY RILEY PALSHAW

Despite the long tradition of Carmel High Leadership students announcing their classmates' birthdays during the morning announcements, that custom has been modified due to parents concerned with privacy issues regarding the prac-

Prior to the 2021-22 school year, students enrolled in Aubrey Powers' Leadership class had always listed the full names of people who had birthdays each day in the daily bulletin. Between this and weekly birthday announcements posted on Carmel High's Instagram page, each student was guaranteed to have their name read on their birthday.

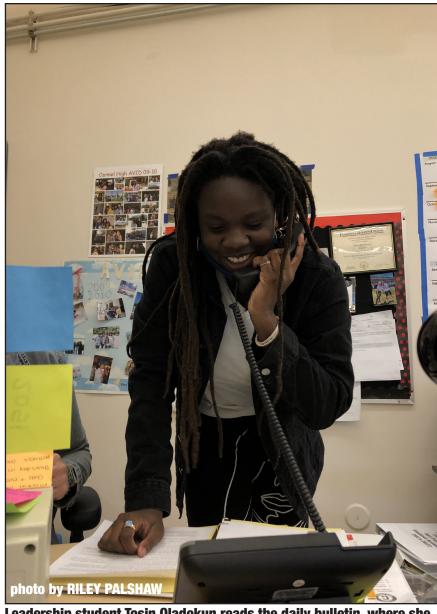
Although the overwhelming majority of the CHS community seemed indifferent to this practice, Powers says the district office received complaints from some parents who were concerned that reciting their child's full name on their birthday would be a violation of privacy and reveal too much private information. In response, the Leadership class decided that for this school year they would move to announcing only a student's first name on their birthday, leaving classmates perplexed about whose birthday it actually was, but concealing private information about students.

"I understand that parents are worried that their children would have too much personal information released about them with their full name and birthday," says Tosin Oladokun, a Leadership student who announces the daily bulletin, "but a lot of people enjoy the recognition that Leadership gives them

them feel more wanted at their high school, which is what we're trying to do as a Leadership class."

Powers was contacted about the morning announcements and the Instagram page by the district office and told that this tradition needed

through birthdays because it makes to be altered so that no personal information was released. The choice to only read first names, although less popular among Leadership students, was the best way to guarantee student privacy while also giving students some recognition on their birthdays.



Leadership student Tosin Oladokun reads the daily bulletin, where she is now required to announce first names only when reading off the day's birthdays.

Dutch Door

cont. from 1

what is locally in season and what inspires the staff. Recent flavors include Carmel Valley Plum, Raspberry Pomegranate, Maple Bacon and more. All these doughnuts can be bought for three to four dollars apiece. Chef Tucker also anticipates local partnerships occurring

soon with wineries in Carmel Valley and The Cheese Shop, also located in the

Dutch Door Donuts is open every day on the uppermost level of the plaza from 7:30 a.m. to 6 p.m. Monday to Saturday and 7:30 a.m. to 5 p.m. Sunday, but closing time can differ based on how long supplies last.

Dutch Door Donuts can be easily located by their trademark tangerine orange dutch doors and line of customers

waiting to get their hands on a warm doughnut and coffee to escape the Carmel fog. At Dutch Door, the dark chocolate crumbles are blended and then added to melt onto the warm doughnut after

coming out of the fryer. Bunch highly recommends eating the delicious treats as soon as they are done and warm for the best overall experience.





All doughnuts are hand-cut and made as soon as the customer orders.

Covid athletics cont from 1

due diligence."

For all teams, changes have been made to transportation procedures, with masks mandated on school buses and a strict no-eating-and-drinking rule. Windows on buses also have to be open, in order to ensure consistent airflow.

"We are mostly back to normal now as water polo has been deemed a relatively safe sport to practice," girls' water polo coach Kevin Buran says. "But we mask up and open windows as best we can while traveling to and from competitions."

Despite regulations put in place, Carmel athletes continue to face exposure and infection to the coronavirus. Following the Shoe Game, the CHS varsity football team experienced their first outbreak, with more than five students contracting the virus.

"The Shoe Game happened on the weekend and a few students did not come back to school at the beginning of the week, people who had tested on their own and tested positive," says varsity football coach and athletic director Golden Anderson. "That week, we had a few more players leave practice because they weren't feeling good. And then, we had a few students separately test and turn out to be COVID-19 positive."

At the time, a game against King City High School was rapidly approaching, with the health status of many players unknown. In an effort to address the cases, both the varsity and junior varsity football teams were tested for COVID-19, though results were not available in time for the match, and it was eventually canceled, as were football practices.

Teams missing games due to COVID-19 cases will receive a "no contest" result on the match, assuming they cannot be made up.

Athletes infected with the virus were subjected to quarantines, though the duration of their isolation was dependent on the player's vaccination status. Unvaccianted players who either tested positive, or were exposed to someone who was positive whilst both people were not wearing a mask, were required to either stay home for 10 days following the date of exposure, or one week, but only if they received a negative test result on or after five days post-exposure.

"When I found out I had COVID, I was really bummed because I wasn't going to be able to play in our next two games," says junior John Phillips-Sullivan, a tight end and linebacker for CHS' varsity football team. "I found out I got it the Monday after the Shoe Game, and I had to stay home for two weeks before I could come back to practice."

As of the date of publication, Carmel High football teams have resumed practicing and have recommended their participation in games. Even when faced with a tumultuous season, Carmel athletes have continued to show up for their respective sports, with many teams noting an increase in participation.

"We've seen a very healthy turnout across the board," Anderson says. "Field hockey numbers are up, the same goes for football and girls' tennis. Water polo numbers are super healthy and volleyball participation has been really consistent. Girls' golf has a robust team as well. I think a lot of it has to do with how we kind of did things last year, where we tried to offer everything."

As seasons continue, practice and game protocols dictated by health guidelines are expected to change as infections and exposures occur among athletes.



Players on the CHS junior varsity girls' volleyball team huddle up with masks on after finishing a drill.



CHS' varsity football players work on defensive strategy during practice.



At our table, or yours...
Thank you for allowing us to take care of you,
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STATIONÆRY

One-third of the country stayed silent, now half of us pay the price

BY EMMA BROWN



On Sept. 5, Texas lawmakers passed legislation greatly limiting access to abortion, denying people the right to terminate a pregnancy after a fetus displays a heartbeat, which typically occurs six weeks after conception, causing outrage from members of the public and describing the new laws as a limitation of bodily autonomy. As the nation reflects on

the condition of access to abortion and the debates that surround the issue, those in favor of women's rights to terminate a pregnancy must re-examine their current political participation.

Former President Donald Trump's 2016 election victory marked the acceleration of anti-abortion legislation, as traditionally conservative viewpoints surrounding reproductive rights were made into law. In January 2017, the Trump administration reinstated the Mexico City Policy, effectively banning nonprofit organizations receiving federal funding for performing or promoting abortion as an option for family planning. In 2018, 15 states implemented 23 restrictions on access to medical abortions. In 2019, the Trump administration furthered their efforts to limit abortion, this time effectively defunding Title X programs that provided family planning to low-income women.

Despite limiting abortion legislation passed during Trump's time in power, the most serious attacks posed by his administration were his Supreme Court appointmentst. While in office, the president appointed three justices to the court, leaving the court lopsided with 6 Republican appointees and 3 Democratic appointees..

While President Joe Biden can undo many legislative moves, the changes made to the Supreme Court comprehensively limit any progressive abortion legislation from passing through the court for years to come.

The Court's composition played an especially critical role in the latest abortion legislation in Texas, as five of the nine justices refused to block the law from going into effect. Those who decided against the ban explained that their ruling was not based upon constitutionality, but rather because applicants against the law did not meet their burden when faced with novel and complex questions about procedures.

Though half of the population's access to health-

care was affected by legislation introduced during the Trump administration, only 67% of Americans eligible to vote submitted ballots in the 2016 presidential election, according to the United States Election Project.

Political participation is crucial if Americans are to preserve their liberty. Choosing to not cast a vote in an election may not have immediate repercussions for the individual, but as can be seen with the most recent Texas legislature, the political butterfly effect is very real. The third of American voters who chose not to participate in the democratic process during the 2016 election could have turned the tide, ensuring the maintenance of political balance on the Supreme Court.

The new abortion ban did not recieve propor scruitiny from the Court, a direct result of the quality of the justices

Our legal system is now lopsided, and a prime example of the fact that even votes not cast count.

Those who are in favor of protecting abortion rights for women in America need to vote. Those who are ambivalent on the issue still need to vote. Every vote not cast strips away the reproductive authority and autonomy that women inherently should have over their own bodies. So as opportunities to join the democratic experience present themselves, vote as if someone's rights depend on it, because they do.



Protestors in Saint Paul, Minnesota, fight to protect the reproductive rights of American women.

Got an opinion? Send us an email at sandpiper@carmelunified.org!





Ethics Bowl team returns in person, regional competition might not

BY SHAYLA DUTTA

Is it ethical to punch a Nazi?

Is it ethical for Donald Trump to ban TikTok?

Is it okay for Facebook to experiment on its users? What does ethical reporting look like?

Prior to competition, Ethics Bowl teams are assigned cases like these: questions about ethical dilemmas found in current events. The teams are instructed to analyze and view them through a variety of philosophical frameworks, which they discuss with several other teams during the competition.

"It's definitely like debate, but we're supposed to be very respectful," explains junior Cole Dahlia Prekoski, the team's president. "It's less like 'You're wrong' and more of a 'Have you thought about it this way?""

While the discussions cover a wide range of topics, including the famous Trolley Problem in which a driver must decide between allowing a runaway trolley to run over five people, or intervening and directing it to kill only one, Ethics Bowl cases often bring up current events, like people's rights online, or the ethics of the popular Netflix show "Tiger King."

"I love the way people frame things through different lenses," says senior Elle Rayne, a first-year member of the team. "It opens your eyes to different perspectives. It's really interesting to hear everyone's opinions." Carmel High School's program is centered on the annual Ethics Bowl competition in California, which will take place the weekend of Jan. 15. While normally an in-person event, due to COVID-19 concerns the regional competition is predicted to take place on zoom this year.

Currently, the team is lamenting the likelihood of another online competition.

"The online format is so formal, you have to click a button in order to speak," says sophomore Riley Mabry, a member of the competition team last year.

Other members agree that the conversation is not nearly as interactive online.

"No one ever really wants to unmute or turn on their camera," Prekoski adds. "It really is a discussion-based club. And that's hard to do on Zoom."

Ethics Bowl is not the only academic team facing uncertainty about pandemic restrictions, but they are determined not to let it get in the way of lively debate and discussion about the 2021-22 competition cases.

"This is the year that we're winning this thing," Rayne declares confidently. "I think we're going to do really well."

The club was founded in 2016 by philosophy and history teacher Marc Stafford, when a student asked him about a speech and debate club. But upon investigation, the extremely competitive atmosphere of speech and debate wasn't right, so they began looking for other opportunities. In the end, they landed on Ethics Bowl. The team was an instant hit: They fielded a full competition team the first year, and now have 10 to 15 members attending each meeting.

The Ethics Bowl team meets Monday after school and Wednesday at lunch in Stafford's classroom, Room 25, and is always welcoming new members.



Adviser Marc Stafford (far right) with 2019 competition team and current president Cole Dahlia Prekoski (second from left).

Court is in session with CHS Mock Trial finally back in-person

BY RYAN JALILLI

During the pandemic, most afterschool clubs and activities were put on hold, with the exception of the CHS Mock Trial Club. After almost a year and a half of virtual competitions and online scrimmages, the club has finally been granted permission to travel to an away scrimmage at the Silicon Valley Friendly on Dec. 4.

The team has been competing at tournaments for the past 17 years and dominating the competition. The club has won 10 times at the County Lyceum tournament and won the State Lyceum Tournament in 2017 and the Empire World Championship in 2016. In last year's virtual Zoom competition, the team walked away in sixth place at the state tournament, with senior Logan Falkel, current club president, winning the award for Best Trial Attorney in the state of California.

"It feels like expectations build every year since our program has had so much success," Falkel says. "I think something we need to work on this year is to seize every opportunity."

The future of the participation in competitions this year is uncertain with Covid-19 restrictions changing each day, remaining undecided whether this year's county Lyceum competition will be held in person or virtually. The club has, however, been granted permission to participate in-person at this year's Silicon Valley Friendly, and, if there are no issues with Covid-19, the team will be able to compete in-person in the competition for the first time since lockdowns began.

This year the team has decided against participating in the Empire New York World Championships to prevent any students from feeling overwhelmed at such a large-scale event without any in-person experience yet.

"All these underclassmen that have grown up in the program only know how to participate on Zoom or they have had very limited experience in-person, so suddenly they need to be able to adjust," Falkel explains.

Underclassmen have had an interesting experience with mock trial with last year being completely virtual. For many, this school year is the introduction to actual in-person experience with trials.

"Since I joined when we were still doing online

school, I'm honestly looking forward to just being in a courtroom for the first time," says two-year member and sophomore Connor Grummon. "I know there are a lot of fun travel opportunities, but I'm just really excited to try cases in-person."

The CHS team originated 17 years ago when a senior who knew that AP Government and Politics teacher Bill Schrier had previously been a criminal attorney asked him to coach the team.

"At the time I had no idea what it was, but I said sure," Schrier explains.

Since then, the club has grown over the years into one of the most prestigious and influential clubs on campus. With frequent meetings, researching cases for hours at a time and weekend scrimmages, the club has also grown to be one of the most challenging and work-heavy clubs.

But for many students, mock trial has become a place for creating friendships.

"Students tell me all the time that mock trial is the greatest thing they did in high school," says Schrier. "They're not saying that because they learned about the law, they're saying that because they've met people who are going to be their friends throughout high school and beyond. Mock trials breeds that kind of connection because it's hard. Going through something like that creates really strong bonds."

CHS Mock Trial meets every Monday in Room 24 at lunch and participates in virtual scrimmages on weekends.



CHS Mock Trial attorneys Tyler Armstrong, Miles Prekoski and Ninamarie Franklin (from front) at the 2019 Empire New York Competition.

Environmental club introduces more eco-friendly Carmel High campus

BY BROOKE MILLER

After a year of only community-based projects and online club meetings, CHS' Environmental Club centers its focus on campus soil by introducing a variety of eco-friendly projects such as compost and waste management for this year.

And with senior Giana Buraglio as this year's club president, the team has no shortages of projects on their to-do list. With an increase of food waste from school-provided lunches, and accumulating food trash, the team plans on making the school compost-friendly.

"Once we started looking into the food waste at our school, it became a bigger issue than we originally thought," Buraglio says. "We're going to have to do an audit of trash at the school, and we would have to see what is actually going into the trash so that we can try to get composting going."

The school already has multiple compost bins that have been blocked off by wooden plants because there is no current composting location in the area that the school can access, but the club would like to reintroduce a composting and food waste system.



Seniors Lelia Kraut, Lily Weisenfeld and Giana Buraglio at the Monterey Beach clean-up.

According to senior Delfin Kirsch, students can place any food item they do not want into the bin and would save the issue of throwing away perfectly good food, hopefully pushing students to be more mindful of their food waste, since trash, in general, is a large concern for CHS' campus.

"We've gone from 16 percent of kids getting a school lunch to over 50 percent," says environmental science teacher Jason Maas-Baldwin, the club's adviser.

Kirsch explains that students are taking advantage of this luxury and are taking food they don't want.

The group has already started designing merchandise for exclusive club members with the help of group creative director Ella Mendoza.

"We're going to be bringing in thrifted t-shirts which will symbolize sustainability through a full circle," Mendoza says.

The club has also completed a successful beach clean-up at Monterey Municipal Beach within the first month of being back to school.

Beyond Carmel High's littered amphitheater and overfilled trash cans is the club's next mission at Palo Corona Regional Park where the group has already completed multiple restoration projects concerning the ice plant.

Environmental Club is looking to partner with organizations that will take out the invasive species and will reintroduce native species.

"It's nice to meet a group of people who actually care about picking up their trash and looking after the world," Kirsch says. "And it's not a big commitment. You go to the meetings, you go to the projects, and you make friends and feel good about helping the environment"

Because of Maas-Baldwin and 15 other nature-loving students, the CHS Environmental Club is continually working towards evolution with the school's sustainability.

This Club Saves Lives fights world water crisis

BY MARCUS MICHIE

With a goal of providing safe, clean drinking water to the lower middle-income country of Eswatini, South Africa, This Club Saves Lives, composed of students and staff centered on community service, will be donating to the Thirst Project through their Walk for Water event Nov. 5.

Women and children in developing communities travel an average distance of six kilometers daily to retrieve water for their families, according to the United Nations. Students and staff who choose to participate in the Walk for Water will carry a half-full jerrycan weighing about 22 pounds for a quarter-mile around the track.

"It brings staff and students together," says senior Olivia Hansen, TCSL co-president, "to do something challenging and provides a community aspect in a sense of understanding and growing all together."

Those who complete the Walk for Water will be rewarded with a \$5 gift card to local businesses. The more laps participants complete, the more money TCSL will donate to the Thirst Project. Enthusiastic sophomore cross-country athlete Hudson Silva completed one mile at last year's event, and he plans to double his distance this year.

"I think it's an important learning experience," sophomore Briar Spungin says, "that can help students gain perspective on the privilege that we have with access to clean water."

Throughout the week leading into the Walk for Water, TCSL will spread videos and education regarding the world water crisis to students and staff.

"We want to explain what the world water crisis is," TCSL adviser Leigh Cambra says. "We want it to be a learning experience."

The club was established in 2015 by Cambra alongside founding president Regan Chambers with the collective interest of finding ways to serve the community. The team meets every Tuesday at lunch in Cambra's room, where they organize multiple fundraisers including "Tampon Tuesday," a campaign where students can donate tampons and pads to various classrooms on campus.

Historically, TCSL has supported the Thirst Project through various events such as the Thirst Gala. In 2020, restrictions that the pandemic brought forward led to Thirst Gala being held virtually. The in-person event

typically raises about \$3,000, Cambra says, and that money is then donated to the Thirst Project.

TCSL is hopeful to return to Carmel Middle School's award-winning Hilton Bialek Habitat, an installation that serves to conserve the various bird species on CMS' property, and host the Thirst Gala this year. With the addition of an expansive garden, greenhouse and bird banding lab, the habitat's primary focus is educating students on agricultural sustainability.

With the various setbacks from COVID-19, the club is treading lightly.

"We're hoping that a more realistic time to do Thirst Gala is March," Cambra says.

"We tentatively know the date because we were going to do it in September," adds TCSL co-president and senior Abby Weisenfeld. "But COVID kind of took over again."

While staying active

throughout the 2020-21 virtual school year, TCSL is broadening their affairs and continuing to acknowledge pressing matters outside of the community through various in-person events this year.



Club presidents Abby Weisenfeld and Olivia Hansen virtually presenting at the Monterey County Office for Education's All in for Equity conference.

Student proponents for change partner with Monterey Rape Crisis

BY AINSLEY HENDERSON

Prompted by the surge of sexual assault and harassment allegations that surfaced at the end of the 2020-21 academic year, several Carmel High School students and staff members have partnered with the Monterey Rape Crisis Center to create a new club, Our Voices, which will continue to help educate the school community on consent and provide those in need with a safe space.

"I'm really glad that the Monterey Rape Crisis Cen-

ter is gong to be coming onto campus," club representative Natalie Blackwell says. "Since they deal with sexual assault cases often, it will be good to have them as a resource."

On Sept. 25 the Carmel Unified School Board voted to approve the club's proposed budget, \$11,000, which is going towards paying the sexual assault counselors, coordinating future campus events such as club recruitments and school-wide assemblies and implementing educational curriculum into Our Voices meetings.

After the school board's go-ahead was received, li-

censed counselors from the Monterey Rape Crisis Center began coming to campus every Thursday to talk members through meetings. Anything said to a counselor is entirely confidential, which is intended to encourage students to express their emotions freely.

Until then, one of the first ideas that students have come up with is to create presentations aimed at further teaching CHS staff members about sexual harassment, especially the correct terminology and how to respond to students whilst traversing topics surrounding rape and sexual harassment.

"We weren't taught this stuff when I was in school," says Our Voices adviser and health teacher Leigh Cambra. "If teachers haven't sought out information, they may not even be aware of the difference between assault and harassment."

As Carmel High School's only health teacher, Cambra is one of the few people whose job revolves around educating CHS students on topics such as consent and healthy relationships, which only make up a small portion of the overall health curriculum. She hopes that Our Voices meetings will provide those who have a passion for learning further and spreading awareness about sexual harassment with a place to do so.

Presentations will be periodically given by students throughout the school year.

Besides focusing on continuing sexual awareness education, one of the main goals of Our Voices is to provide a welcoming and diverse space for any student that might need support or feel the need to support those around them.

"I would just like for it to reach more people," CHS sophomore Maggie Short says. "Sometimes I think people are actually afraid to associate themselves with the idea of sexual assault, even though it happens to way too many people."

The Our Voices Club meets Thursdays at lunch in Room C and welcomes everyone.



Carmel High students at a sexual assault protest during the 2020-21 school year.

Student activists bring awareness to food poverty

BY AVA CAMARGO

Students will deepen their knowledge of food insecurity and world hunger, while also participating in community service opportunities in a new club called Full Belly Brasil, brought to the Carmel High School campus by seniors Ema Kamler and Grace Peavey to help raise funds for the global nonprofit organization.

Club president Kamler decided to partner with the Environmental Club to get students to take action in their local community, spread the word about Full Belly Brasil and take part in their community service activities.

"Our club joins the Environmental Club on the activities that they do, such as beach cleanups," Kamler says. "The actual Full Belly Brasil organization partners with other environmental initiatives so I wanted to do the same."

While both Kamler and Peavey continue to look for community service activities, they hosted a tiedye event Oct. 3 and plan on holding similar events throughout the year. For more information about upcoming events, students can visit Room 41 Thursday's at lunch.

Kamler had met the founder of the organization, John Dewald, on a volunteer service trip in the Dominican Republic, where she learned that he was looking for high school students across the United States to fundraise clubs for his nonprofit. Dewald is an outdoor enthusiast who actively participates in global environmental education, conjuring the idea for a nonprofit that specifically focuses on a world-wide issue such as world hunger.

The primary mission of the Full Belly Brasil organization is to use sustainable practices to prevent and recover food waste that can be transported to areas where food poverty is most overwhelming. So far, the non-profit has provided over 34,000 meals, planted 70,000 trees, and removed nearly 225 pounds of trash.

Vice president Grace Peavey reiterates the mission

of the organization.

"It was started to support food poverty mainly in Brazil," says Peavey, "but it was also started for teenagers to get volunteer hours and to help out with the community whether it's local or foreign affairs."

Art teacher Steven Russell, who advises the club, provides his classroom as a meeting place every Thursday at lunch. Although the meetings are primarily student-run, he hopes that this club will bring awareness to students about the food consumption and waste on campus.

"It's more than just raising funds for Full Belly Brasil," Russell says. "It's also about bringing awareness to students about hunger issues and food deserts and getting kids to be more mindful about what they are possibly throwing away."

Russell also describes his concern for sustainability, due to the recent increase in littering seen on campus during break and lunch. By learning about food poverty in Brazil, Russell anticipates that members will take action to keep our campus clean.



President of Full Belly Brasil Ema Kamler (far left) conducts a meeting about their Oct. 3 tie-dye event.





TEDx brings creative freedom and opportunity with podcast

BY HEATHER ALBIOL

From making a sandwich in a unique way to battling anxiety in high school, any idea is worth sharing at TEDx Club as they jump back into action after a long, distanced year with a student-made podcast that aims to spread news throughout campus, good and bad, and an event at the end of the year they will be practicing for.

Partnered with TEDx, an organization that posts talks on "ideas worth spreading," the CHS club allows students the opportunity to research, create and present their own topics, whether it's the importance of dance, the workings of the inner ear or slam poetry. Students will share their ideas at an event this April in the CHS theater and on the podcast "Dopamine, Oxytocin, Serotonin, and Endorphins," or "DOSE," which will soon be available on Spotify.

"We only work on the TEDx event half of the year," says junior and club president Hannah Shu. "I wanted to have something at the beginning of the year."

Rotational hosts will invite guests from around campus to record the podcasts about an array of topics after school and release them every other week.

"It's important to be able to publically speak and spread your ideas and learn from what other people have to say," says physics teacher Don Freitas, the club's adviser.

When the members are not working on the first episode of the podcast, they are writing their speeches for the TEDx event later in the year and participating in organizing minute details such as what the guest list might look like, what the decorations and theme will be, and figuring out the itinerary.

"This club is everything," says Shu. "It's a leadership club, it's a public speaking club, it's an organizing club, it's all of it."

Though it is still far off, Shu recognizes the time that



TEDx Club president Hannah Shu speaks about "Earthquakes in the Ear" at last year's "Smell the Roses" event.

must be put into the event, not to mention the time it takes to write and edit all the speeches, to allow speakers a stage to share their thoughts and audience members a memorable experience.

Last year during distance learning, the club held a similar event in the library with the theme of "Smell the Roses," allowing students to spread their voices with their own TED Talks about topics they chose.

Tosin Oladokun, club secretary and treasurer, chose to talk about perfectionism versus excellence. Lillian Paul, a two-year member, gave a moving speech about looking past the "I'm fine" front that many teens give.

Inspired by many unforgettable student talks last

year, this year's students work diligently to recreate the special ambiance on an even grander scale with the podcast and a hopefully more detailed and larger event in April.

"I would like this TEDx experience to continue, having students give TED Talks because they're not going to get that opportunity anywhere else," mentions Shu.

With their first episode of DOSE fast approaching, the club invites CHS students who might want to work on public speaking or share some ideas to come to their meetings every Monday at lunch in Room 17.

Film students begin production process for national competition

BY SAFIA BOUHAJA

The brand new Carmel High School Film Club has a lot in store for this year, such as fun activities, a short film contest and a movie in the works, giving students an opportunity to open doors into the film industry.

In October, the Film Club will be completing an improv challenge, where they have the prop "A Tale of Two Cities" by Charles Dickens and the line "It was the best of times, it was the worst of times." The students will split into groups and be assigned a different genre for each of their short films that will be shown at CHS.

"They broke into groups just for kids to get experience making films, working in groups and going through the production process of planning it out, filming it and editing it," says Film Club adviser Brian Granbery, CHS' Video Production teacher.

Currently, students are brainstorming ideas for an up-and-coming movie that they will be working on for the rest of the 2021-22 school year. Junior vice presidents Colin Dowse and Jerry Marnell will be screening a short film called "Out Of My Mind," which is eligible for an award in the All American High School

Film Festival on Oct. 8 in New York City.

"They are going to go through the production process, which takes a long time," Granbery explains. "They will spend several months planning the story and writing it, shortlisting it, and storyboarding it."

This is not the first time they will be entering the AAHSFF. Dowse was the 2020 best overall film winner for his film "Smile," which will be rescreened at this year's festival. Dowse will receive his award in person since he could not last year due to COVID-19.

Filming locations can vary.

"It can range, it just depends on what scene demands a setting," Marnell says.

Dowse and Marnell enjoy filming in their town.

"A lot of our films are inspired by the geography here because we have a lot of great forests and a lot of beautiful locations like Pebble Beach," Dowse says

Soon the Film Club, with roughly 25 students in total, will have its members work together in groups of four to six to develop short films that will be open to national student television networks.

"A bunch of national contests will start coming into play around wintertime," Granbery says.

The Film Club was first established at the start of this school year.

"Jerry and Colin thought it would be fun to get some of their friends together who were in video classes or had been making films before to get more people into filmmaking," Granbery says. "It's the students' passion, and they enjoy it since they've been doing it since before middle school."

For any interested students, the club meets on Thursdays at lunch in Room 28.



Avi Desai, Colin Dowse and Lily Bunch discussing ideas for a short film.

Reading Club turns the page by continuing with elementary reading program

BY SARA EYJOLFSDOTTIR

Founded last year in a time of uncertainty, the CHS Reading Club continues to increase exposure of younger elementary students to books through their online reading program, enabling high schoolers to earn community service by reading to their buddies every week.

Siri Panetta, club president and co-founder of the Reading Club, started the program after noticing that elementary students were falling behind in their schooling due to online teaching and limited social interaction.

"The Reading Club helps elementary students practice their reading and, especially during COVID-19, get more social interaction," Panetta explains. "The club is also an opportunity for elementary students to get more reading time, which some classes require as homework."

The weekly meetings this year between high school members and reading buddies will continue to be conducted over Zoom due to COVID-19 concerns and scheduling benefits of meeting online.

"It is much more convenient, especially depending on where you live and if you drive a car, and trying to find time to meet up with a family can be a lot," says Reading Club faculty adviser Leigh Cambra. "Being able to meet using Zoom is super cool."

Meetings are set up by parents and club members, with actual reading sessions conducted between high schoolers and their buddy.

"Parents can be there if the student needs extra help paying attention or reading the book," Panetta says, "but normally the parents aren't there."

The club has approximately 15 members this year, but is expecting further interest once they begin assigning reading buddies from local elementary schools. Starting this year, monthly field trips will take place with high schoolers traveling to the elementary schools and younger students coming to CHS, alternating

monthly, for in-person reading.

"We'll just get on a bus and go to River School, or they'll come here, and we'll sit around the amphitheater with some books," explains Cambra. "That way we've got Zoom reading and also some in-person meetings."

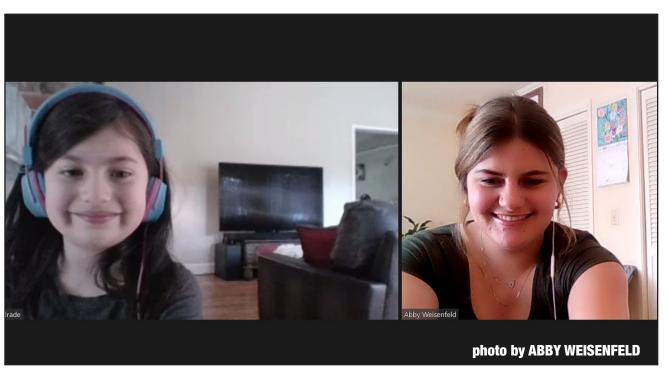
The club allows members to decide the length and frequency of meetings with their reading buddies but suggests doing at least one 20-minute session per week.

"I met with my buddy twice a week, usually meeting for an hour each time," notes sophomore Alyssa Galicia, who enjoyed reading to her 6-year-old reading buddy for the entirety of last year.

Half an hour of community service credit is given to the high schoolers for every 20 minutes spent reading with their buddies. This system assumes that members will use at least 10 minutes to prepare for the meetings and to select reading material. "I joined the club because I like working with young children, and I thought it would be a good chance to get community service hours," sophomore Kaitlyn Myrick, a two-year member, adds. She was also able to meet with her buddy all of last year, reading some of their favorite books, such as "Creature Campers" by Joe McGee.

Alongside their regular reading program, the Reading Club established book clubs last year with older elementary schoolers and high school students to improve the reading skills of participating kids. Right now the Reading Club is focusing on their main reading program.

The club communicates almost entirely online, meeting on Mondays in Room C at times.



Current senior Abby Weisenfeld reads to her buddy Leila Andrade in a reading session last year.

Students regain connections offline and in nature with group hikes

BY ALEXIS PINE

Looking for a change of scenery? The Great Outdoors Club at Carmel High School plans on hosting various club activities this semester, ranging from treks to the fire tower at Garland Park to ventures to Garrapata in Big Sur, while shooting for their ultimate goal of overnight backpacking trips and memorable experi-

"You get to build so many different friendships on those trips," reflects senior Jordy Cabrera, co-president of the club, "and make unforgettable memories."

During the quarantine period of the 2019-20 school year, The Great Outdoors Club experienced difficulties in connecting with fellow members and doing monthly

hikes, only getting the opportunity to host one excursion. This year, they are getting back on their feet with plans for student-organized hikes and meet-ups, gathering in their free time.

"I love to hike and go outdoors," says sophomore Hana Knoblich, who joined the club last year, "and I feel like there's not a lot of opportunities to do that unless you take initiative to do it yourself. So to have a club to join other people to do that kind of stuff is really

The 20 or so members have traveled to vast destinations outside the county, both as a club and in small cohorts, experiencing the wonders of nature in places like Pinnacles in central California, Anza-Borrego in Southern California and Nisene Marks in Santa Cruz.

"Our club's goal is to organize as many informal hikes as possible," club adviser Marc Stafford explains. "We talk about hiking, then people want to plan some hikes because field trips are still hard. The club wants to work towards this goal of maybe doing a backpacking trip again in the spring sometime."

Regardless of the unpredictability of this school year, the club hopes to plan longer hiking trips and overnight backpacking trips. They are brainstorming possible dates for many gatherings and encourage all students, even those who don't have any experience, to come out and join them in their rewarding hikes.

"When you're hiking with a group," Knoblich expresses, "it's faster because you're talking with other people, and it's really a bonding experience."

Co-presidents Micah Del Toro and Cabrera, who have been involved with the Great Outdoors Club for four years, convey their fond memories from overnight backpacking trips and hardships they faced to get that satisfying feeling of reaching the top of the mountain.

"We have fun," Del Toro explains. "We don't just go on hikes and get quiet. They're not boring hikes."

Cabrera and Del Toro want to leave the club in good hands and keep it alive with a variety of students that find enjoyment in the outdoors or just want something to do to get out of the house.

"I enjoy the diversity of the club," Cabrera says. "There's so many different people and the outdoors kind of brings everyone together. It doesn't matter who you are, it's for everyone."

No matter the person, or their interests, participating in the club can lead to interesting hikes with friends, creating bonds with other members through exercise and taking in beautiful views that clear up the Carmel for

The Great Outdoors Club meets every Friday at lunch in Room 25.



Club advisor Marc Stafford snaps a picture with sophomore Hana Knoblich and senior Jordy Cabrera as they roll up Snively's Ridge in Garland Park with the fog last year.

Singer-Songwriters' Guild prepares for upcoming events

BY CLAIRE PETERSON

The Singer-Songwriters' Guild continues to encourage students to showcase their musical talents, both vocally and instrumentally, through upcoming CHS performances scheduled for Oct. 22 and sometime in December in which students will have the opportunity to perform their own original songs as well as covers.

"I like how the club is like a little family, and we can all relate to music," says club president Ashley Davidson, who will be singing an acoustic version of "Take On Me" by Aha during the October performance. "Everyone is so supportive even if you mess up during a show.... I'm looking forward to rebuilding the club after COVID-19 and making the Singer-Songwriters' Club even better than before."

The purpose of holding the events is to provide students with the chance to share their musical talents and what they love with others, so the performances will also be open to students not in the club. Usually lasting about an hour and a half, with both original music and covers, events showcase a variety of students performing a variety of songs.

"I'm super excited to perform a song with my friend, and I'm excited for other people to share the experience," explains sophomore Grayden Miller, who is performing Phoebe Bridgers' "I Know the End" with fellow club member Riley Mabry at the October event. "Music is very therapeutic for the audience member and for the performer."

Traditionally, events hosted by the club are open to the community, but due to the COVID-19 virus they are unsure of what the regulations will be at the time of the performances.

"Before COVID-19 started, our shows would have on average 17 to 20 people participating, singing songs, working on writing songs, putting songs together," club adviser Marc Stafford explains. "We've had kids who want to do bands. It started as a pretty small group, but a really talented group, and it's just kinda grown."

Stafford hopes that the club will offer a chance for students to take a break from the stress of school life and take time to focus on things they love. He wants them to be able to recognize how fun music can be and how it can always be a part of their lives.

After a talent show 12 years ago, Stafford and fellow Carmel High teacher Mike Deckelmann began to formulate ideas for the club. Both teachers have extensive musical experience from their band Bubba Pickens, which they formed with other Carmel High teachers and one of their friends and was something

that inspired them to start the club.

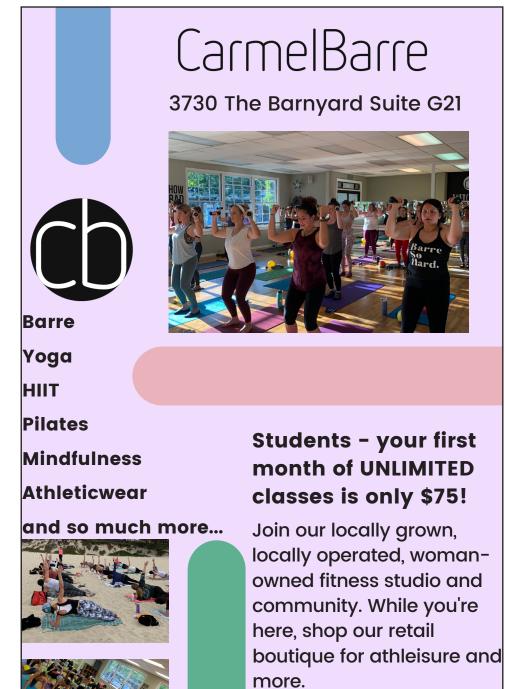
"We know a ton of kids who were part of the club who are still performing, writing songs and recording music," Stafford says. "One of the kids...I follow him on Instagram...has some songs on Spotify that have over a million listens. I thought that was a big deal."

For any interested students, the club meets on Thursdays in Room 25.



Students Ashlyn Rossi, Lelia Chappell and Hana Kamler performing at an event hosted by the club.





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Drake certainly does not disappoint with 'Certified Lover Boy'

BY SOPHIA BONE

With recurring themes of love, confidence and independence displayed through many featured artists and a strong production, Canadian-born rapper Drake has officially released his sixth studio album, "Certified Lover Boy," yet again proving to the public that he has not reached his maximum potential quite yet.

The album starts off strong with "Champagne Poetry," featuring an addicting sample from Masego's 2017 song "Navajo," constantly playing in the background while Drake raps about the insecurity that has come from his success. The sample eventually turns into a gospel-like chant that emotionally charges Drake's 'sermon" to his audience near the end of the song.

"Papi's Home" follows and brings up the vibe with heavy bass and confident lyrics, "I'm standing at the top / that's how I know you never seen the top." The third song, "Girls Want Girls," is Drake's first feature with Lil Baby and keeps up the strong production elements of the album.

Over half of all 21 songs on the almost hour-and-ahalf-long album have a top rap or R&B artist featured, including Lil Baby, Gieveon, JAY-Z, Travis Scott, Future, 21 Savage, Ty Dolla \$ign, Lil Wayne, Kid Cudi and more. In "Fair Trade" featuring Travis Scott, a top song on the album with over 100 million streams on Spotify in less than a month, Drake raps about how his independence and sacrifice led to success: "I've been losing friends and finding peace/honestly that sounds like a fair trade to me." The blend of effortless production and great rhythm in the lyrics makes this song a favorite. "No Friends In The Industry" has similar themes of independence as well.

In addition to "Fair Trade," "IMY2" featuring Kid Cudi, "Knife Talk" featuring 21 Savage and "You Only Live Twice" featuring Lil Wayne and Rick Ross are hits on the album. With so many varied hits on the album, it's hard to pick just a few.

Not all songs have a fast pace either. In "Get Along Better" Drake gets vulnerable and sings solo about losing relationships he thought would at least end up in a friendship. Now that is a message we can all relate to.

Releasing an album so soon after Kanye West's newest album, "Donda," was a bold move for Drake, but also a smart one as he garnered the attention that West had only momentarily and in a way that made fans compare the two. No hate to "Donda," but with a more selective song choice and more exciting beats, "CLB" comes out on top.

forms including Spotify and Apple Music.

8.5/10



If you haven't heard it already, "Cer- While the cover art for the new Drake album is confusing and tified Lover Boy" can be listened to abstract to some, it shows how Drake loves having hidden meanings through most popular streaming plat- in his work up to different interpretations.

Pop transition dilutes Kasey Musgraves' sound on new album 'Star-Crossed'

BY EMMA BROWN

Since the debut of her last album in 2018, Kasey Musgraves, who began her career as a country singer,

"Star-Crossed" by Kasey Musgraves attempts to establish the musician as a pop artist as she departs the country music scene.

has attempted to transition to pop music, a move marked by her Sept. 15 release of the album "Star-Crossed." The record follows Musgraves' path through divorce,

with lyrics containing themes of heartbreak and reflection.

The title track and first song in the album opens with a hymnal harmony, reminiscent of gospel music, before introducing soft guitar and harp, engrossing the listener into a peaceful scene before Musgraves sings her first note. The song sets the tone for the entire album as the singer layers her signature country music twang over a neo-pop background.

The majority of the songs on the album follow suit: Musgraves attempts to blend traditional country themes while simultaneously trying to enter a completely new genre.

The track "Good Wife" is a prime example of the disconnect between the two styles of music, as Musgraves unsuccessfully pairs lyrics about working to please a husband with an upbeat background. The lyrics uphold traditional patriarchal values within a marriage, combatting the iconic pop sound often used in songs about female empowerment. The dichotomy between the two causes the track to come off as incohesive.

Songs such as "Cherry Blossom" and "Sim-

ple Times" are emblematic of the singer's use of pop in an attempt to elevate her country sound, which blend the two tones seamlessly, whereas songs like "There is a Light" and "Justified" represent the gaping space between traditional country and pop.

"If This Was a Movie.." uses a myriad of drum beats and synth background music to create a soothing pop song. Guitar and echoing filters add to the ambiance of the song, accentuating Musgraves' soft tones. Though the song is well written and performed, its contemporary sound makes it an outlier from the other tracks on the album, standing out as the only true pop song.

Despite some successful neo-pop songs in the album, Musgraves reverts to her country music roots in songs like "Justified." While in no way poorly composed, the song diverges from the singer's tone throughout the rest of the album. "Justified" draws from the styles of musicians such as Miranda Lambert and Carrie Underwood, as it uses the traditional progression and rhythmic patterns implemented in the aforementioned artists' songs.

Throughout the album, Musgraves dilutes the power of her own music with simple lyrics and inconsistent tones, in an effort to appeal to fans of pop. Though the songs are catchy, the use of autotune to add echoing filters and synthetic effects distracts the listener from the artistry that Musgraves has displayed in earlier albums. While the musician's desire to progress to another genre is not unique, Musgraves' execution of her transitional album is not an accurate representation of her artistic ability.

6.5/10





Music students play on through pandemic despite challenges

BY EMMA BROWN

Junior Sophia Cho, an avid french horn player, is in her third year of band class at Carmel High Schooland the vice president of the Music Student Council. For Cho, this year looks different from what she expected. At the beginning of every class, she checks to make sure that students' chairs are six feet apart before retrieving her horn, fitting its opening with a piece of elastic called a bell cover. She then trades in her typical mask for one with a small flap for her mouthpiece, allowing her to play her instrument while still following California Department of Health guidelines.

Finally, she is ready to perform.

Music students at CHS are back on campus and ready to play, though not without restrictions, as the visual and performing arts department is facing unique safety guidelines in their pursuit of production.

Following a year spent in distance learning, the musicians of CHS performed in-person last spring for a brief concert at the Forest Theater in downtown Carmel. The 2021-22 school year marks a return to seminormalcy, as students are back to rehearing in the music classroom, rather than in the school's theater.

But the transition back to the old music routine is far from finished.

"There's actually a lot of research supporting the fact that most instrument players wouldn't need to wear a mask or have a bell cover, except in a few situations on a few instruments," says CHS music teacher Brian Handley. "So I'm hoping that we move to that really soon."

Handley expresses little worry about COVID-19 infections arising from the music room as it is equipped with a premium air filtration system that completely replaces all of the air within the room sixteen times per hour, roughly four times what is required to meet the standard of 'COVID-19 safe.'

Music participation is up substantially this year with

orchestra and beginning guitar enrollment on a steady incline. Other music classes offered, such as Digital Music, also taught by Handley, are flourishing in the in-person learning environment, which the instructor credits to a more intimate learning experience in which students can ask questions and receive feedback at any given time without the extra steps and anxieties added by Zoom.

Choir classes led by Tom Lehmkuhl, similar to band and orchestra, have also transitioned from last year's rehearsal space in the theater to their old classroom. Students still are required to wear a mask, even while rehearsing music and warming up their voices.

"We sit in chairs that are three feet apart," says CHS junior and choir singer Piper Mahoney. "We have to wear our masks the whole time, even when we're singing. It can be really hard to sing with a mask on."

The music department looks forward to showcasing their skills in the upcoming weeks, as the band prepares for their performances at future football games.

"We've been working on pep band stuff a lot in class," says freshman Zack Rasmussen, who plays the flute and piano. "And I don't think we will have to wear our masks for those performances."

During upcoming performances at sports matches, student musicians will not be required to wear a mask, due to the outdoor setting, though they will be attempting to maintain some level of social distancing.

"I am really looking forward to

says junior Elias Osorio, who plays the baritone horn. "We have some super cool music, and I'm excited to play it. We weren't able to perform it last year, so I'm super glad it is available to us now."

Music classes hope to follow through with their plans of a trip to Anaheim for the Heritage Music Festival, which, before the pandemic, was a bi-annual occurrence for CHS students. At the moment, Lehmkuhl and Handley continue to observe the state of the nation before finalizing any plans, as the delta variant may disrupt their travel goals.

Choir, band and orchestra will unite for their winter concert Dec. 17.



playing some of our pep band sets," Pep band musicians perform during CHS' homecoming rally Oct. 2.



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Getting to know CUSD superintendent Ted Knight

BY EMMA BROWN

With over 20 years of education experience under his belt, Carmel Unified School District's new superintendent, Ted Knight, says he's here to initiate change through increased communication with the community and ensuring that schools remain open during the pandemic.

A Colorado native, Knight moved to Carmel in July, leaving his position as assistant superintendent of school leadership for the Douglas County School District, an educational district encompassing approximately 70,000 students. The superintendent began his career as a middle school science, technology, engineering, and math teacher, eventually transitioning to an administrative position in the school's central office, helping teachers use data to make classroom decisions. From there, Knight became an assistant principal for the same high school he attended in his youth, before he transitioned to a position as a turnaround principal.

"When schools weren't doing real well on test scores or students were getting lower grades, they called in a turnaround administrator," Knight explains. "And if they didn't improve in so many years, the school could get taken over by the state. I became a turnaround principal. and I spent seven years working at two elementary and two middle schools."

After a few years, Knight took over as the chief academic officer for DCSD, before ultimately becoming the assistant superintendent.

While his administrative background is impressive on its own, his experience as a student has also had a profound impact on his life.

"I'm a life-long learner," Knight says. "I like to just keep learning. That has taken up a lot of time in my

Not only does he have his bachelor's degree in Industrial Science and Technology with a minor in edu-

curriculum instruction with an emphasis in technology, an educational specialist degree in curricular adminis-

tration, a second master's in educational administration and a doctorate in organizational leadership. Currently, Knight is working on his Master of Business.

Now, with the surge of national COVID-19 cases during the age of the delta variant, Knight's primary goal for the 2021-22 school year is to keep school open for all students in

"Everything is within California Department of Health guidelines, but we personalize them to Carmel and try to be very consistent amongst all our schools," explains Knight. "We're keeping everybody safe and it's working right now. We're not seeing a lot of positive cases across the district."

Despite his objective to maintain in-person classes, Knight's goals for the year span beyond health regulations. He is currently working to establish focus groups with different members of the Carmel community, including students, teachers, classified workers and parents.

"A main focus this year is being proactive in our communication," says Knight. "I've had a lot of town halls and have sent out a lot of community letters. We want to tell people upfront everything that we're doing. And then if they have questions, let us know. And so oftentimes it's just calling parents back. I spend pretty much every evening on the phone, calling parents back and community members back, answering their questions."

Outside of work, Knight is a father of two, son, as well as a grandfather of one. At this school year for all Carmel students.

cation, but the administrator has a master's degree in time, his family still resides in Colorado, while Knight commutes back to the Centennial State some weekends.



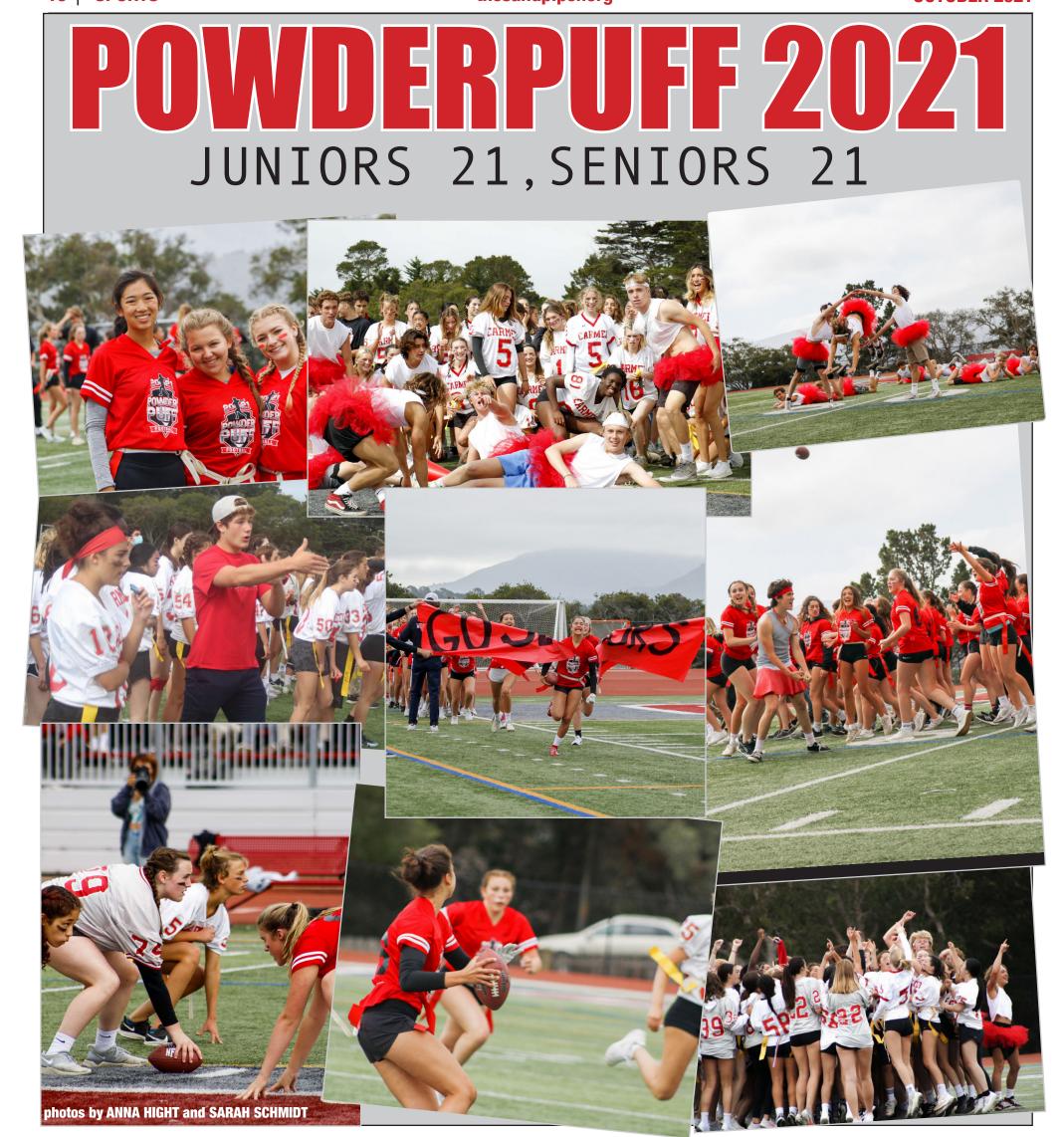
with a 23-year-old daughter and a 17-year-old CUSD superintendent Ted Knight looks forward to a prosperous



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HOROSCOPES

Aries: March 20 - April 20 Beep, beep, beep. That's the alarm clock in your head going off telling you to quit procrastinating on your homework. Aries, we promise, doing it later will only make you more stressed.

Taurus: April 21 - May 21
Taurus, your sweet, little heart will be broken this month. Trust no one.

Gemini: May 22 - June 22

Open up Gemini's box and look inside. It's the seven deadly sins of school: procrastination, cheating, using your phone during class, napping during a lecture, submitting at 12:01, using Arial font, and asking your lab partner for the notes too many times. You've been found guilty of them all.

Cancer: June 23 - July 23

Cancer, your friendships are no longer symbiotic. Find people who love you as much as you love yourself.

Leo: July 24 - Aug. 23

Lying little Leo laying in your bed of deceit. How comfortable you must be in the cushion of your crookedness. May there be a rather large pea under your mattress.

Virgo: Aug. 24 - Sept. 22

Virgo, you are the main contributor to the Yerba Mate collection in Palshaw's room. Of course you would be a leafwater enthusiast.

Libra: Sept. 23 - Oct. 22

Oh so you all think the stars hate Leo? Wait until we lay into you, Libra. Why we oughta...

Scorpio: Oct. 23 - Nov. 21

Homecoming has come and gone, so let's reflect, Scorpio. How long did you spend looking for your outfit? Oh, a month! That's about right. Your indecision paid off.

Sagittarius: Nov. 22 - Dec. 21 School feels real again, practices are back in session, and COVID-19 is having a field day. We see you in class with your mask under your nose, Sagittarius.

Pull that thing up.

Capricorn.: Dec. 22 - Jan. 19 Capricorn, you whiny little mouse. The

stars received some complaints about your horoscope last month. I believe most of them charted along the lines of 'ouch, that was harsh.' And you know what Capricorn? We meant what we said.

Aquarius: Jan. 20 - Feb. 18

Aquarius, the spookiest season of the year is upon us. How will you choose to be scared? By watching a horror movie or looking at your grades?

Pisces: Feb. 19 - March 19

Hey there, Pisces. Your mood can be as tumultuous as the sea you swim in. Make sure to keep an anchor down in a storm.